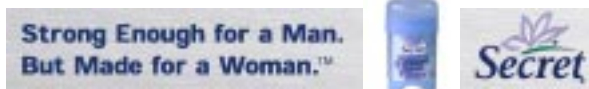


Antiperspirant

A health seminar in the U.S. presented findings that the leading cause of breast cancer is the use of antiperspirant.

What? Yes, antiperspirant. Most of the products out there are an antiperspirant or deodorant combination, so go home and check your labels. Deodorant is fine; antiperspirant is not.

Here's why. The human body has a few areas that it uses to purge toxins: behind the knees, behind the ears, groin area, and armpits. The toxins are purged in the form of perspiration. Antiperspirant, as the name clearly indicates, prevents you from perspiring, thereby



inhibiting the body from purging toxins from below the armpits. These toxins do not just magically disappear. Instead, the body deposits them in the lymph nodes below the arms since it cannot sweat them out. This causes a high concentration of toxins and leads to cell mutations, also known as cancer. Nearly all breast cancer tumours occur in the upper outside quadrant of the breast area. This is precisely where the lymph nodes are located.

Additionally, men are likely (but not completely exempt) to develop breast cancer prompted by antiperspirant usage because most of the antiperspirant product is caught in their hair and is not directly applied to the skin. Women who apply antiperspirant right after shaving increase the risk further because shaving causes almost imperceptible nicks in the skin, which give the chemicals access into the body from the armpit area.

Source: Development Research Group, The World Bank, received by E-mail on 6 September 1999

Women in Action, with ISSN 101-5048, promotes the empowerment of women through information sharing, communication and networking. It is published by Isis International-Manila, an international nongovernment women's organisation, founded in 1974. Isis has sister offices in Santiago, Chile and Kampala, Uganda. Its network reaches over 50,000 individuals and organisations in 150 countries.

Isis International-Manila acknowledges the support and financial assistance of the following partner-donor organisations: Australian People for Health, Education and Development Abroad, Inc. (Australia), Bilance (The Netherlands), Canadian International Development Agency (Canada), Christian Aid (UK), CIDA-Southeast Asian Gender Equity Program (Singapore), Evangelisches Missionwerk (Germany), Global Fund for Women (USA), Global Ministries-The United Methodist Church (USA), Interchurch Organization for Development Cooperation (The Netherlands), The Minister for Development Cooperation, Ministry of Foreign Affairs-Netherlands, Norwegian Agency for Development Cooperation (Norway), Royal Danish Ministry of Foreign Affairs (Denmark), Swedish International Development Authority (Sweden), United Nations Development Fund for Women, Unitarian Universalist Service Committee (USA).

Isis General Assembly: Marilee Karl (Founder, Italy), Sr. Mary John S. Mananzan, OSB (Incorporator, Philippines), Ana Maria Ronquillo-Nemanzo (Incorporator, Philippines), LaRaine Abad Sarmiento (Incorporator, Philippines), Lucia Pavia Ticzon (Incorporator, Philippines), Marianita C. Villariba (Philippines), Kamla Bhasin (India), Noeleen Heyzer (Singapore), Eleanor Conda (Philippines), Domini Torrevillas (Philippines), Vanessa Griffen (Fiji), Rashidah Abdullah (Malaysia), Hayat Imam (Bangladesh), Raquel Edralin-Tiglaio (Philippines), Josefa Francisco (Philippines), Aurora Javate-De Dios (Philippines), Sunila Abeysekera (Sri Lanka).

Isis Board of Trustees:

Eleanor Conda, Chairperson
Aurora Javate-De Dios, Vice-Chairperson
Josefa Francisco, Secretary
Hayat Imam, Treasurer
Raquel Edralin-Tiglaio, Member
Sunila Abeysekera, Member
Susanna George, Ex-officio member